



GOAL SETTING WORKSHOP

WORKSHOP DETAILS:

Everyone has dreams and goals, but making them happen requires planning and taking action. This course teaches you how to manage your time and set realistic goals, boosting your chances of success in all areas of life. Following the advice here will make you more productive and bring you closer to achieving your dreams. Research consistently shows that when learning is tied to clear goals, it happens more easily and quickly.

WORKSHOP OBJECTIVE:

To help you beat procrastination, use your time well, get important tasks done, stay motivated, and create SMART goals. These skills will empower you to move forward personally and professionally.

MODE OF LEARNING:

Virtual Instructor-led – 4 hours online delivery.

In-Person Workshop- 6 hours of in-person training

